

# HOW **STRESSLESS** CAN HELP

YOUR ANXIOUS HORSE OR DOG  
BE HAPPIER AND HEALTHIER



***STRESSLESS***

BY CENTERLINE DISTRIBUTION

### How do I know if my horse could benefit from StressLess? StressLess helps keep your hot horse cool—even under stressful situations. Consider trying it if your horse is:

- Anxious
- Agitated
- Nervous
- Overreactive
- Without appetite
- Inconsistent
- Performing poorly
- Fearful
- Travels poorly
- Is difficult for vets
- Becomes stressed at competitions or clinics

### Are there any side effects?

No. StressLess is safe for long and short term use.

### Will it make my horse sleepy or dull?

No. StressLess does not affect equine motor skills. It frees your horse to perform at his or her optimum level.

### Is StressLess guaranteed to work?

Yes, we are so sure of the capabilities of StressLess Equine we have 100% money back guarantee if you are not completely satisfied with the results.

### Who uses StressLess?

Grand Prix dressage riders, trail riders, international show jumpers, 5-star eventers, OTTB trainers, rehab programs, world champion four-in-hand drivers, owners with horses on stall rest, natural horsemanship practitioners and horse lovers of all disciplines and levels. Read how StressLess has helped them here: [www.centerlinedistribution.net](http://www.centerlinedistribution.net).

### Now, StressLess can help our smaller four-legged family members, too.

And research shows they may need it more than ever. The largest-ever study on canine temperaments, published in Scientific Reports, evaluated nearly 14,000 dogs and showed that nearly three-quarters of them showed at least one anxiety-related behavior. And that was before the pandemic cranked up pet parents' stress levels and wreaked havoc with dogs' routines—both things can affect pups' peace of mind. "More pets are being treated for anxiety than in the past," Leni Kaplan, DVM, a veterinarian at the Cornell University College of Veterinary Medicine told the New York Times in November.

### How do I know my dog is experiencing anxiety?

Dogs can show they are feeling stress and anxiety in different ways, and those can be different for individual dogs. Common symptoms include:

- Drooling
- Panting
- Destructive behavior, such as destroying furniture
- Excessive barking
- Pacing
- Restlessness
- Repetitive or compulsive behaviors
- Urinating or defecating in the house
- Running away in fear
- Cowering
- Excessive digging
- Lack of appetite

Every dog is unique—that's one of the reasons we love them. That also means that every dog processes stimuli differently. Something that sends one dog hiding under the bed for hours may not even be noticed by another. Different breeds and different upbringing can also impact how a dog handles stress. Some common things that can stress dogs include:

- Visits to the vet clinic
- Visits to the groomer
- Boarding
- Thunder, fireworks and other loud noises
- Car rides
- Horseshows or other busy events where there is lots of activity—and lots of other unknown dogs
- Moving house

Some dogs may also experience stress when left alone. When this stress becomes extreme, it may lead to separation anxiety, similar to a panic attack. It's estimated that from 14-20% of dogs suffer from separation anxiety. Dogs with separation anxiety may excessively bark, dig, pant, chew (and destroy things) and urinate and defecate inside.

In addition to being left alone, age can be another common cause of canine anxiety. As some dogs grow older, a loss of cognitive, hearing and vision power can lead to an increase in anxiety. The most common reason for anxiety in senior dogs is canine cognitive dysfunction syndrome, a condition often compared to Alzheimer's disease in people.

Lots of things can cause anxiety in dogs. That's why it's important to visit your vet to rule out a physical cause, like pain or infection, that may be the root of the problem.

### How can StressLessK9 help with my dog's anxiety?

StressLessK9 can help restore dogs' balanced mood, calm mind and increased focus. It may also make them more conducive to training and behavior modification.

### Can you give me an example?

Here's how StressLessK9 helped one canine customer mend a broken heart—and the anxiety that came with it: "When my older Rottweiler passed away, my two-year old Rottie, Kobe, was completely distraught, lost and depressed. He became extremely anxious if I left him alone even for the shortest time. And when I was with him he was not the happy and confident dog that he had been. After two weeks on StressLess, he was his old self. I discontinued giving it to him after a month and he has stayed like his old self, but even more calm, confident and mature. It was just what he needed to get over the loss of his older companion. Also, he has always been stressed out by fireworks. Now I put him on Stress-Less a few days before I know that there will be fireworks (Memorial Day and the 4th of July) and he tolerates them much better now."

### Are there any side effects?

No.